



McPherson Recreation Commission Youth Volleyball Rules

1. Net height: 7'4" (Regulation height for women.)
2. Court is regulation size
3. Serving line: You may serve at 10' line over or underhand. Maximum of 4 consecutive serves per serving player. If the player serving overhand obtains an unfair advantage due to 10' serving line, at the referee's discretion, they may be required to move farther back.
4. Players: No more than 12 players on a team. Any team that does not have the required number of players (6), must borrow from the opposing team, until the teams are equally balanced, or a difference of no greater than 1 player between teams.
5. Net Serves are legal.
6. Ball Contact: The ball may be played with an underhand or overhand pass. Only short contact is allowed. The ball may not be contacted twice consecutively by the same player with the exception of a touch on a block. The ball may not be caught, pushed, carried, or held. Contact must be above the waist.
7. **After 4 consecutive points** scored by the serving team, the referee will whistle for an **automatic side out** (no point).
8. Balls hit off the opponent's ceiling or off the opponent's backboard are considered dead (result no point). Balls must be played off of one's ceiling. If ball touches one's backboard, it will be the referee's discretion on a point, side out or do over. If the ball touches the opponent's ceiling and returns to one's side, the ball is deemed dead and a side out will result.
9. Knee pads are recommended.
10. Each team will have one 30 second time out per game.
11. Scoring: match will consist of 3 games to 25 (win by one), rally scoring is in effect. Points are scored on every serve in rally scoring. There is a 50 minute time limit per match. At the completion of the 3rd game additional games may be played up to the 50-minute time limit.
12. Each team will be asked to provide one person to call lines.
13. When the receiving team breaks serve, a side out is called. They then become the serving team.
14. Points or side outs will be awarded for the following violations: Player in the net, player crossing center line, foot fault on serve, illegal contact with ball, more than 3 hits, ball hitting the wall/floor/basketball goals, ball landing in/out of bounds, consecutive contacts with one player.
15. Upon serving the serve a team must rotate. Each player rotates clockwise. The players in the server's position goes out and the next player rotates to center position in the back row. First serve there is no rotation.

(NFHSA) rules used in league play, with exceptions listed above.