



## 4-8th Basketball Rules



*Kansas High School Basketball Rules shall apply except as follows:*

- 4th-5th grade will play four, 7-minute quarters with running clock.
- No Score will be kept on the scoreboard.
- 6th-8th grade will play four, 8-minute quarters with running clock.
- The clock will stop:
  - once whistle blows for a foul called during the act of shooting until all players are lined up along the free throw lane.
  - during the last minute of each quarter for free throws.
  - the last minute of the 2nd and 4th quarters for deadballs.
- Teams get three, 1-minute time outs per game; one time out is added for overtime. These timeouts may carry.
- Bonus 1-1 will be shot on the 7th team foul and two foul shots on the 10th team foul.
- Players may not enter the lane until the ball has contacted the rim or backboard. Only 6 players are allowed along free throw lane, 3 on each side.
- Full court pressing is not allowed by a team leading by 10 points or more.
- Any defense is allowed, for both 4th-5th and 6th-8th grade.
- Dark-soled shoes are not allowed on the gym floor.
- All players will play at least half of each game. Equal playing time is stressed.
- Overtime: 2 minutes, with the clock stopping the last minute for free throws and deadballs, 6th-8th grade games only.
- No food or drinks are allowed in the gym.
- Players and spectators are allowed in gym and commons area nearest the restrooms ONLY. Teams may not “hang out” in commons area prior to or following game.
- Only players who sign-up at the MRC Office are eligible to play.
- Every player must wear the reversible red and white jersey which can be purchased at the Front Desk.
- **Jewelry and metal hair pieces are not allowed.** If worn to the site, must be taped.

Every official and coach is responsible to go to the Program Director if any conflict should arise.