

McPherson Family YMCA Pool Schedule

December 7, 2009-February 20, 2010

Day	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
Time	Lap	Family	Lap	Family	Lap	Family	Lap	Family	Lap	Family	Lap	Family	Lap	Family
5:45-8:00	Lap Swim	Closed	Lap Swim	Closed	Lap Swim	Closed	Lap Swim	Closed	Lap Swim	Closed	Pool Opens at 7:15- Lap Swim	Closed		
8:15-9:00	Silver Splash	Warmcise	Aquarobics	Water Walking	Silver Splash	Warmcise	Aquarobics	Water Walking	Aquarobics	Water Walking				
9:15-10:00	Lap Swim	Arthritis	Powercise/ 2 Lap Lanes		Lap Swim	Arthritis	Powercise/ 2 Lap Lanes		Water Polo		HS Swim Team 9-11am			
10:00-11:00	2 Lane Lap Swim	Mom-Me Swim Lessons	2 Lane Lap Swim	Pre School Lessons	2 Lane Lap Swim	Pre School Lessons	2 Lane Lap Swim		2 Lane Lap Swim		Lap Swim Pool Closes at 3:45	Opens at 10:15 Water Walking & Family Swim		
11:00-12:00	Water Walking	Family Swim	Water Walking	Family Swim	Water Walking	Family Swim	Water Walking	Water Walking	Family Swim					
12:00-1:00	Lap Swim	Closed	Lap Swim	Closed	Lap Swim	Closed	Lap Swim	Closed	Lap Swim	Closed	Lap Swim Pool Closes at 3:45	Family Swim-Pool Closes at 3:45	2:00-5:45 Open Swim	2:00-5:45 Family Swim
1:00-3:00	USD Adaptive P.E.		2nd Grade Learn to Swim		USD Adaptive P.E.		Lap Swim		USD Adaptive P.E.					
3:00-3:45	Hot Tub and Sauna Open - - - Pools Closed for Maintenance													
3:45-5:15	HS Swim Team	Family Swim	HS Swim Team	Family Swim	HS Swim Team	Family Swim	HS Swim Team	Family Swim	HS Swim Team	Family Swim				
5:15-6:00	2 lap lanes Y-Swim Team	Yogilates	Lap Swim	Swim Lesson	2 lap lanes Y-Swim Team	Yogilates	Lap Swim	Swim Lessons	2 lap lanes Y-Swim Team					
6:00-7:00	Y-Swim Team	Family Swim			Y-Swim Team	Family Swim			Y-Swim Team	Family Swim	Y-Swim Team			
7:00-7:45	Water Aerobics			Deep Water Aerobics	Family Swim	Water Aerobics	Family Swim	Deep Water Aerobics	Family Swim	Open Swim				
8:00-9:30	Open & Lap Swim	Closed	Open & Lap Swim	Closed	Open & Lap Swim	Closed	Open & Lap Swim	Closed	Open & Lap Swim	Closed				