

Y-KIDS' Club Family Newsletter

March 2009

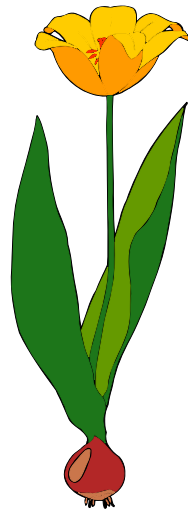
*March roars in like a lion so fierce,
the wind so cold, it seems to pierce.
The month rolls on and Spring draws near,
And March goes out like a lamb so dear.*
-Lorie Hill



Spring

Spring is probably my favorite season. Growing up in Texas we had two seasons: hot 10 months of the year and cool 2 months of the year. So, to me, Spring in Kansas has been one of the best parts of moving here. After the cool Fall and cold Winter the sunshine of Spring is so refreshing and refreshes my whole person.

Tulips have quickly become my favorite flower because of their cheerfulness and in my flower beds you will find many bulb flowers, but mostly tulips.



There is something so exciting about planting a bulb months before, walking by in the snow and thinking warm thoughts and then seeing little shoots of green make their way through the snow! Then you get to enjoy the beauty of the flower that worked so hard all winter to bloom.

That process is what we hope happens with your child at Y-KIDS concerning important character strengths... maybe something a staff person says or does, or maybe even another student says or does with honesty, compassion, respect or integrity, and it gets buried deep within the heart of your child—then, one day, we see it branch out in their own lives.

**Your child is a blessing to our program
and our lives!**

Alana Murphy

Important Dates:

- Feb. 26—**WES site relocate to the YMCA due to Early Education Center function**
- Friday, March 6—**RSVPs for Spring Break are due!!!**
- March 16-20—**Spring Break**
We will run over Spring Break if we have enough families that sign up. The sooner everyone RSVPs to the site the sooner we can get the word out as to whether we will have the program or not.



Important Numbers:

Site Phones

EES Site: 620-245-1892

WES Site: 620-245-1894

Program Director,

Alana Murphy

Office: 620-241-0363

Cell: 620-245-4142

Sweet Treats

Easy Frozen Treats

Materials Needed

Ice trays
or small dixie-style paper cups

Lemonade Mix
or Limeade or Kool Aid

Water

Popsicle Sticks



Directions

Follow drink mix directions by adding water to the mix. Pour into ice cube trays or cups. Put in the freezer. Wait about 30 minutes until mixture starts to thicken, then push a stick into the middle. Return to freezer for at least an hour.

Enjoy! You could even make these as a twist on the ole' lemonade stand!

Other things to do when the weather warms up:

**Wash the family dog • Go on a walk in the park • Play frisbee
Have a water balloon fight • Or watermelon seed spitting contest • Wash the car
Play in the sprinklers!**

Spring... A Time for Learning Something New

In collaboration with the **McPherson Family Life Center** the Y-KIDS Club is going to host a series of parenting classes for Y-KIDS parents on Mondays starting March 23 through April 27.

Suggested topics will include Discipline, Step-Family Dynamics, & Marriage *After* Children.

Please let me know if you would be interested (*or are not interested*) in these parenting workshops by emailing or calling me with your response as soon as possible. Attached is a more detailed flyer.

Visit www.MacFamilyLife.org for more information about the McPherson Family Life Center and classes that are coming up.

