

# PARENTING PLUS

**A Class For The Whole Family**

**PARENTS WILL LEARN**  
essential skills to help take the  
hassle out of parenting & build  
stronger family relationships.

**Topics include:**

Parenting Goals & Styles  
Giving Choices  
Mutual Respect  
Active Communication  
Positive Effective Discipline  
Sidestepping Power Struggles  
Encouragement  
Building Self-Esteem  
Teaching Problem Solving  
Family Meetings

**BRING YOUR CHILDREN!**  
They will enjoy age appropriate  
activities aimed at developing their  
communication and relationship  
skills.

**Class Fee**

\$30.00 per Family

Scholarships available.



**6 Session Class**

**MONDAY EVENINGS**

**March 23rd through April 27th**

**7:00pm - 8:30pm**

**Class Sessions located at the  
McPherson YMCA  
220 North Walnut**

**Presented by Barb Claassen, Director  
McPherson Family Life Center, Inc**

To register and reserve your spot  
Call 620-241-6603 Toll Free 800-536-6613  
Email [barb@macfamilylife.org](mailto:barb@macfamilylife.org)  
[www.macfamilylife.org](http://www.macfamilylife.org)

**McPherson Family Life Center, Inc.**

**Strengthening Families For 30 Years!**

**A United Way Agency**